



**MIGHTY
BLUEBIRDS**



NEWSLETTER



In This Issue

- ~ Wrestling Dates
 - ~ New Website!
 - ~ Pro Shop Items
 - ~ Drop & Shop Camp
 - ~ Coaches Corner
 - ~ Practice Schedules
 - ~ Between the Ears
- Chapter Highlight*

**Monday, November 22nd
College Wrestling Dual Meet**



VS.



The Mighty Bluebird Wrestling team will be traveling to Arkadelphia on Monday, November 22nd, 2010 following wrestling practice to watch the dual match between Arkansas' first collegiate wrestling teams! There is no cost for the Dual Meet and it starts at 7:00 p.m.

**Life Champs Football
Champions 2006, 2007
and 2008**

**Wrestling State
Champions
2009 & 2010**

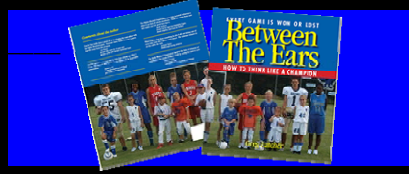
**Soccer State Cham-
pions 1999, Oops,
2001, 2002, 2003,
2004, 2005, 2006, 2007,
2008, 2009 and 2010**

**SELECT GERMANTOWN
INVITATIONAL
SOCCER TOURNAMENT!
Memphis, TN**

**Mighty Bluebird Red Boys
Tournament Champions!**

**"To achieve goals you've never achieved before,
you need to start doing things you've never done before."**

~ Stephen Covey



There are two kinds of people...



Order a Book @
Tigerbooks.net

BUY NOW!

There are two kinds of people,

those that are mentally weak and those that are mentally strong.

John Gruden

NFL Football Coach

Chapter 111 – There Are Two Kinds of People

There are two kinds of people in this world, those who are mentally weak and those who are mentally strong. The sad part about all of this is that by the time you are an adult you probably are one of the two. How you were raised makes such a difference. Did your parents allow you to say can't or did they tell you it was a word that was not allowed to be used in their household only the words I'll try? When things got rough when you were growing up did your parents run over and hug you and bail you out or did they tell you to get up and jump back in the ring.

I've found no matter what the age of the kids I'm coaching that you get what you expect. Needless to say I expect a lot out of my athletes which means that I asked them to do a lot. The more you ask them to do the more proud they are of doing a job that was difficult and doing it well. It's funny how things work but kids actually want to pay the price for success. The key is not to coddle them early in life and to set expectations high and not settle for less.

I'm most proud of the fact that I have raised children who aren't afraid to try new things that will take some risk no matter how silly it might be. Have you ever met somebody who is scared to ride this ride or scared to do that. So many people won't even enter the ring because they are afraid of failure. Encourage your children, athletes, and family members to try new things at an early age. I still have friends today that will only eat five or six different items because they determined long ago that they don't like anything else. Their taste buds have changed long ago but they simply don't enjoy the pleasures of other foods because they simply won't try. I know others who won't enter an arena that they're not experts in because of the fear of failure. Somewhere along the way somebody taught them it was better to not try than to try and fail.

Mentally tough people are those that when faced with difficulty or adversity have built a life and a foundation on battling through those tough times which gives them even more confidence. These players are mentally strong and will be a success at whatever they do. Take risks, be a rock and be tough. For the most part mental toughness is having the discipline and courage to attempt the things that we are all scared to do but to know that the most important part is to try. Toughness is having the character to accept the consequences of things not going your way in return for the chance of success or for standing for an important ideal.



BLUEBIRD WRESTLING SEASON HAS BEGUN

2010 SKIATOOK OPEN THANKSGIVING CLASSIC

Skiatook Multipurpose Activity Center
1000 West Fourth Skiatook, Oklahoma 74070

DATE: SATURDAY-NOVEMBER, 27 2010

TIME: 9:00 AM-COMPLETION (ALL ONE SESSION)

ENTRY DEADLINE: TUESDAY-November 23, 2010 AT 12:00PM.to SHANNON

ENTRY FEE: \$15.00 per wrestler; wrestlers may enter two divisions, but only 1 wt per division.

COACHES PASSES: 1 for every 5 WRESTLERS. Additional floor passes may be purchased for \$20.00.

GATE FEE: Adults \$4.00 and Students \$2.00. Children 5 and under are free.

ENTRIES ONLINE ONLY VIA OKWA website—TURN IN TO SHANNON

WEIGH-IN LOCATIONS FOR FRIDAY NIGHT 11/26/10:

SKIATOOK ACTIVITY CENTER 6-8PM

(SATELITE WEIGH IN FOR OKC AREA) EDMOND GENERALS NORTH WRESTLING ROO

WEIGH-IN LOCATIONS FOR SATURDAY MORNING 11/27/10:

SKIATOOK ACTIVITY CENTER 6-7:30 AM

DIVISION I (6 & under): 37,40,43,46,49,52,55,60,66,Hwt.

DIVISION II (8 & under): 43,46,49,52,55,58,61,64,67,70,75,83,90,105,Hwt.

DIVISION III (10& under):52,55,58,61,64,67,70,73,76,80,85,90,100,110,120,131,Hwt

DIVISION IV (12 & under): 64,67,70,73,76,80,84,88,92,96,100,105,110,120,130,140,160,Hwt.

DIVISION V (15 & under): 78,86,94,102,110,118,126,134,142,152,165,185,Hwt (Max. 275).

1 lb. weight allowance for I, II & III

2 lb. weight allowance for IV & V

DIV I: 1 – 1 – 1 minute (ALL matches)

DIV II – V: Championship – 1 ½ - 1 ½ - 1 ½

DIV II – V: Consolation – 1 – 1 – 1

THERE WILL BE NO CHALLENGES FOR SECOND PLACE

HOTEL INFO:

CANDLEWOOD SUITES OWASSO 918-272-4334

HAMPTON INN OWASSO 918-609-6700

IF YOU HAVE ANY QUESTIONS OR COMMENTS PLEASE CALL

ANY OF THE BRUMMETTS AT 378-1573, 693-3009, 694-2722

*****SKIATOOK YOUTH WRESTLING/BOOSTER CLUB & SKIATOOK PUBLIC**

SCHOOLS Will Not Be Responsible For Theft, Accidents, or Injuries.***

COACHES CORNER



I got a call from a parent the other day that said their son was not doing his homework and was struggling in school and for that reason they were thinking about holding him out of sports as punishment. They called to ask my opinion on this as they wanted their son to study more and do his homework. I explained to the family that, in my opinion, pulling him out from sports would be the last thing they should do. Sports teach discipline, commitment, and hard work, the three things this child desperately needs. I told them that I appreciated the phone call and if they would let me try to help them I would talk to their son and explain the importance of getting that homework done and that if he didn't get it done he was going to run extra laps at practice as he would be letting his teammates down by not taking care of his business and might not be eligible to play sports.

I told the parents that the sanctions I would recommend is eliminating TV time, video games, and other things that are basically not productive and do not teach them discipline, hard work, and commitment that sports do.

I have had this situation come up from time to time over the years and just thought I'd write an article on it. Certainly if a kid was not doing well in sports I would not punish them by not letting them do their homework or study and the same goes for not getting their studies done by punishing them by pulling them out of sports. Both are positives in a child's life and both need to be done and they can help each other.

If we as coaches can ever help get the message across, or help get any message across to your child please let us know. I know once they get to be teenagers they will listen to almost everyone but their parents.



New Bluebird Items For Sale!

New Bluebird Items For Sale!

See Coach Owen for All New Bluebird Pro Shop Gear!

They have all sizes available to try on. Just Fill out your order form, leave your check, and your items will be to you as soon as possible!

Great holiday gift ideas!

\$65 Youth
\$75 Adult



\$55



\$90 Youth
\$95 Adult



\$20



\$45



\$55



Beanies
\$16



\$18



NEW Website!



www.mightybluebirds.com

Pro Shop Items
PROVED
MIGHTY BLUE-



NEW & IM-
Send pictures!
BIRD

DROP & SHOP CAMP

CHRISTMAS SOCCER SKILLS

Recreational and classic players ages 4 to 14 are invited to attend this three day skills camp.

Dates: Monday - Wednesday, December 20 - 22

Time: 9:30 to 11:00 am

Place: Bluebird Soccer Complex
6800 Pinnacle Valley Road

Fee: \$60

All players should bring water, cleats, tennis shoes and shin guards.

Space is limited to 50 players; Bluebirds have priority until December 10.

To ensure your space, a registration form and payment must be returned.

For more information, contact Julian Owen at 772-3890 / julianowen2000@yahoo.com or Chris Owen at chris@mightybluebirds.com.



CURRENT PRACTICE TIMES

Mighty Bluebird Wrestling Practice will occur from **4:00 – 5:15 p.m.** on **Mondays, Tuesdays, Thursdays,** and **Fridays**, all boys ages 4 through 15 are welcome to attend.

Mighty Bluebird Girls Basketball Practices – will be held from **5:15 – 6:30 p.m.** on **Mondays** and **Thursdays**.

Mighty Bluebird Soccer Practices – will be held on **Wednesdays** from **5:00 – 6:30 p.m.**

Mighty Bluebird Baseball Practices – will be held on **Tuesdays and Thursdays** from **5:30-6:30 p.m.**

Mighty Bluebird Football (Football Quarterbacks/Receivers)- on **Mondays** with Clint Stoerner **5:30-6:30 p.m.**



2011 Little Rock Marathon
Greg Hatcher, Chairman
March 6, 2011

EMAIL ALERTS

Don't forget the best way for us to contact all the parents about game changes or rain outs is through email. Please continue to check your email and blackberry's for updates! If you are not on our contact list, please email your information to Shannon Wooley at shannon@hatcheragency.com

COACHING CONTACT LIST

Bruce Dickey	All Sports	501-517-3344	bruce@hatcheragency.com
Chris Owen	Soccer	501-612-5437	chris@mightybluebirds.com
Julian Owen	Soccer	501-772-3890	julianowen2000@gmail.com
Fabian Mina	Soccer	501-473-9316	minafk@sbcglobal.net
Greg Hatcher	All Sports	501-517-4734	greg@hatcheragency.com
Mark Charette	Football	501-347-7470	mcharette2@comcast.net
Pat Smith	Wrestling	501-519-0850	pat@arkansaswrestlingacademy.com
Roosevelt Hadley	Wrestling	501-231-9530	hadleyr325@att.net
Scott Loucks	Basketball	501-831-1235	scottloucks@sbcglobal.net
Kevin Hannah	Baseball	501-804-1263	Kevinhannah.07@comcast.net